

About Me

Hi there, Welcome

My name is a Lorian, Italian born restaurateur, recipe creator, chef and photographer..

My career in the restaurant business started as a waitress at sixteen in upstate New York, from waitress to owner of eight in the small town we live in.

Again welcome to my blog, here I will share old time classic recipes, some reconstructed to a healthier version, some not. Along with tips, tricks, fixes and my belief in growing and harvesting from your garden taking it to your table.

Of course there will be stories of the restaurant years, lots of stories after over thirty years in the business. My food journey. I am extending an invitation to come along.